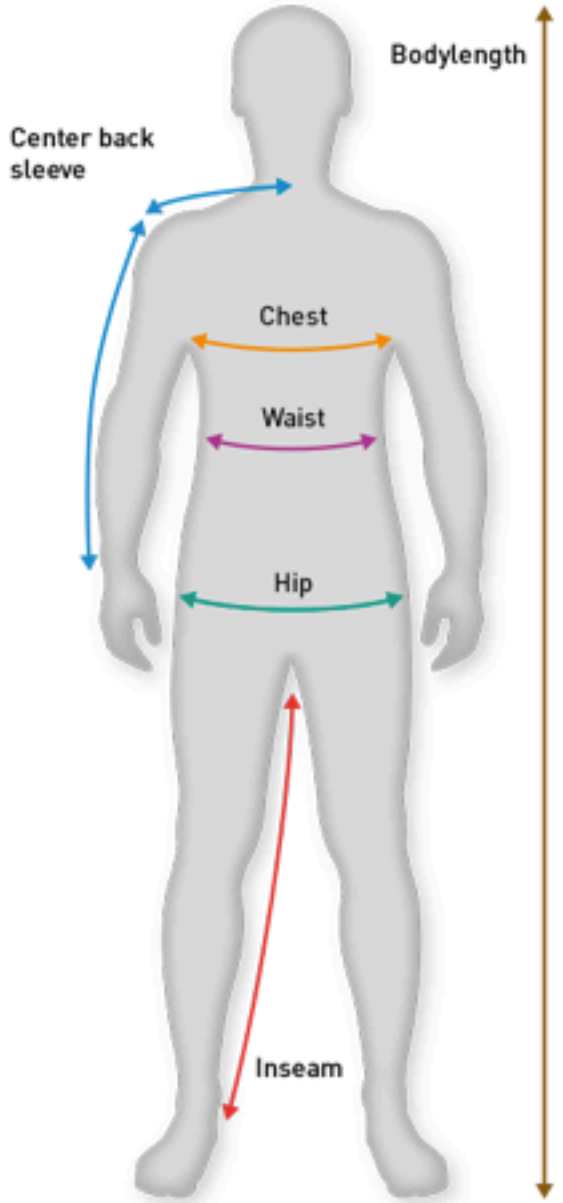
SIZES	XS	S	M	L	XL	XXL	XXXL
Body	168 - 172	172 - 176	176 - 180	180 - 184	184 - 188	188 - 192	192 - 195
Chest	90 - 94	94 - 100	100 - 104	104 - 112	112 - 120	120 - 128	128 - 136
Waist	76 - 80	80 - 86	86 - 92	92 - 98	98 - 106	106 - 114	114 - 122
Hip	90 - 94	94 - 100	100 - 104	104 - 112	112 - 120	120 - 128	128 - 136
Inseam	78 - 80	80 - 82	82 - 84	84 - 86	86 - 88	88 - 89,5	89,5 - 91
Center back sleeve	79 - 81	81 - 84	84 - 87	87 - 90	90 - 93	93 - 96	96 - 98

CHEST
Measure around the fullest part, across chest points, keeping the tape horizontal.

WAIST
Measure around the narrowest part (typically the small of your back and where your body bends side to side), keeping the tape horizontal.

HIP
Measure around the fullest part of your hips, keeping the tape horizontal.

CENTER BACK SLEEVE
Measure straight from center back neck to shoulderpoint, and from shoulderpoint to wrist with the arm in a relaxed position.

INSEAM
Measure from top of inside thigh to bottom of ankle, while standing with straight legs.